





Looking Good Cottonwood Fat-loss Competition starting Wednesday, January 7, 2015 Seminars, group exercise classes, weekly weigh-ins, and more! Sign up today at the Cottonwood Recreation Center

Must be 18 years or older

Grand Prize of \$1,000
With runner-up prizes of \$500 and \$250 for both men & women.
Group prize of

Registration fees:

December 1—January 5

• \$15 for CRC members

- \$30 for non-members
- \$25 per group of five (in addition to registration fee)

Registration late fee of \$5
After January 5.

FOR MORE INFORMATION
PLEASE CALL
Trevor Faust
Fitness Center Supervisor
928-639-3200 X 3210
Or e-mail
ffaust@cottonwoodaz.gov



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